

CORNWALL FEDERATION OF WOMEN'S INSTITUTES

SPEAKERS' DIRECTORY

INTRODUCTION

This Speakers' Directory is produced by the Cornwall Federation of Women's Institutes (CFWI). It provides WIs in the Federation with useful information to help them to choose good and effective speakers for their monthly meetings on a wide range of interesting and educational topics.

Potential new speakers frequently approach the Federation. We hold audition days twice a year to select new speakers. WI members from across the county attend these days. The WI members appraise the auditions and the Board takes full account of their recommendations in deciding who to accept. If you would like to be considered as a speaker, or if you know someone who does, please contact the Federation Secretary. If you would like to attend a Speakers' Audition Day, the next one is advertised in County News.

The Directory is kept up to date on the website. We no longer publish and distribute paper copy of the directory as a matter of course, because it so quickly becomes out of date. Nevertheless, if you would like a paper copy, please contact the Federation Secretary.

The Directory is compiled with great care. But CFWI cannot accept responsibility for the contents and reserves the right to make any alterations it may think fit.

If you engage a speaker who is particularly good, please let us know. Similarly, if you are dissatisfied with a speaker from this directory please contact the Federation Secretary straight away - that way we can help ensure the continued good quality and reliability of our speakers.

IMPORTANT NOTES RE PAYMENTS FOR SPEAKERS

Always check fees, expenses etc. with a speaker before booking, and ask for confirmation in writing or by email of the agreed terms. If no fee is mentioned, it does not necessarily follow that a talk or demonstration is free.

In accordance with Charity Commission rules, WIs are not permitted to provide financial support to charities which do not further the objects of the WI, and payment for a speaker could count as such a donation. WIs must therefore pay the speaker and it is then the speaker's responsibility to make the charitable donation. However, this does not always work out, so should a speaker request that payment be made directly to their charity, WIs are advised to request an invoice from the charity which clearly states the name of the speaker and that payment is for the provision of a speaker, together with the date of meeting. For preference, this should be done in advance of the meeting, so that this does not cause problems at the meeting. If you have queries on this, contact your WI Adviser.

If a speaker wants to sell goods at the meeting, so long as you are happy with that, then he/she may do so provided the speaker donates at least 10% of the total takings to your WI.

HAVING A SPEAKER – A NOVICE GUIDE

Do use the Speakers Invitation Forms when booking a speaker, which cover all the points you need to tell your speakers. These forms are in two parts: a reply part, and a part to be handed to the Treasurer on arrival at the meeting. This ensures that both the WI and the speaker have the same information. The forms, produced by WI Enterprises, are available from Trading Post at Cornwall Federation office for a small charge, and can be downloaded from the CFWI website.

Much of your communication will be by email. If you write to a speaker, enclose a stamped addressed envelope.

Always give your speakers a telephone number - preferably the mobile number of one of your WI officers, in case of a last-minute emergency. Ensure you have an emergency number for the speaker on the day too.

Send a reminder to your speaker at least 10 days before the date of your meeting. Reminder forms are also available from Trading Post at County Office or may be downloaded from the CFWI website.

Ask the speaker what equipment he/she is bringing and what the WI needs to provide. Check that it is compatible and will operate effectively. Check how long the speaker needs to set up for his/her talk and agree when that will be done.

Agree how the meeting room will be laid out for the speaker.

Agree a time of arrival and how long the speaker will talk, including questions.

Send your speaker a map showing the location of your hall, or direct the speaker to your website, if directions are shown there.

ON THE DAY

Make sure the room is laid out appropriately for the speaker.

If the speaker is coming by car, keep a parking space outside the hall.

Nominate someone to greet the speaker and ensure the speaker has everything needed, Have a glass of water on the table for the speaker.

Do see that the speaker is not kept waiting past the agreed time for the talk. The speaker should not be expected to wait long while you finish your business, and he/she may have a long journey home after the talk.

Introduce the speaker correctly (name, job/position, talk title, etc.), even if he/she is known locally or is a WI member.

If the speaker over-runs, judge how the meeting is going and at an appropriate time stand up and indicate politely to the speaker that he/she needs to wind up.

After the talk, thank the speaker, or ask a member to give a short vote of thanks. Always pay your speaker at the time of the talk, not by post later.

IF A SPEAKER FAILS TO COME

If the speaker is late, call him/her to ascertain the situation and whether you can accommodate a changed arrangement. In case your speaker should fail too late for you to contact anyone else (e.g., his/her car may break down on the way to the meeting), always have some ideas in readiness, so that members may enjoy their monthly meeting anyway. Be prepared. Here are a few suggestions:

- Prepare a quiz in advance and keep it for “just in case”.
- Have a round-table discussion on WI issues - ideas for next year’s programme, outings, competitions and social time, or resolutions you would like to see passed.
- Have a Woman’s Hour or magazine-type programme, on topical or local issues. Prepare a few topics in advance.
- Bring a CD player and have an easy social evening with background music over a cup of coffee. Use it as an opportunity for members to mix and have the opportunity for a chat with new or different ladies - not just the ones they usually sit with.
- Some of your own members might be able to speak about or demonstrate a craft or hobby, or show particularly interesting pictures. Why not ask one or two if they would like to do so sometime?
- Is there anyone nearby who would come and speak? Consider contacting your WI Adviser for advice.

AND FINALLY: Enjoy your meetings and we hope that this directory helps you make the best of them!

INDEX

<i>Topic</i>	<i>Page</i>
<u>ART AND CRAFT</u>	5
<u>CHARITIES AND OTHER GOOD CAUSES</u>	6
<u>COOKERY AND HOME ECONOMICS</u>	10
<u>CORNWALL</u>	11
<u>COUNTRYSIDE, FARMING AND THE ENVIRONMENT</u>	14
<u>FINANCIAL PLANNING</u>	16
<u>GARDENING AND FLORAL ART</u>	17
<u>HEALTH, BEAUTY AND LIFESTYLE</u>	18
<u>HISTORY</u>	22
<u>THEATRE, MUSIC, ART, DANCE AND LITERATURE</u>	24
<u>TRAVEL</u>	27
<u>WOMEN'S ISSUES</u>	28
<u>MISCELLANEOUS</u>	29
<u>WORKSHOPS</u>	32

Please note: Unless specified otherwise, speakers are prepared to talk afternoon or evening, will consider short notice and will travel to all parts of the county.

ART AND CRAFT

Jennifer Blockley

Address: Highbury House, Egloskerry, Launceston PL15 8SG

Tel: 01566 785410

Email: jenniferblockley@hotmail.com

Making Patchwork Wall Hangings with a Class of Eight-Year-Olds / Working with a School in Uganda

Fee: £25 / **Travel:** 24p per mile

Alison Gribble

Address: Half Acre Barn, Coads Green, Launceston PL15 7NA

Tel: 01566 786947

Email: alisongribble21@gmail.com

Redwork / Blackwork / Canvas / Talks or Classes

Fee: Talks : £15 plus travel / Classes: £30 plus travel

Helene Llewellyn

Address: 14 Basset Street, Redruth TR15 2EA

Tel: 01209 213959

Email: hsllewellyn@btinternet.com

Murano Glass – Venetian Glass Bead Making and Trade Beads / The History of Beads and Bead-Making from Venice to the Middle East

Fee: £45 / **Travel:** £10 within a 30-mile radius

Sybilla Davis Designs

Address: 7 Ashdown Close, Sticker, St Austell PL26 7EU

Tel: 01726 63394

Email: sybilla.davis@btinternet.com

Website: www.sybilladavisdesigns.co.uk

Cross Stitch / Design Your Own Sampler (demonstration of either) / 'How I Started My Cross Stitch Business' / Workshops available: 2-3 hours (£40 plus travel)

Fee: £30 plus travel by arrangement (Rame Peninsula to Redruth)

For sale by arrangement: Cross stitch kits

CHARITIES AND OTHER GOOD CAUSES

Alzheimer's Society

Teresa Parsons

Address: Scott Lodge, Scott Road, Plymouth PL2 3DU

Tel: 07540 920302

Email: teresa.parsons@alzheimers.org.uk

Website: www.alzheimers.org.uk

Alzheimer's Society: United against Dementia

Fee: none / **Travel:** none

Cancer Research UK

Sophie Barber, Local Fundraising Manager

Address: 5 Well Way, Porth, Newquay TR7 3LR

Tel: 07788 364569

Email: sophie.barber@cancer.org.uk

Website: www.cancerresearchuk.org

Cancer Research UK / Science Games / Progress in Cancer Research

Fee: none / **Travel:** none

Children's Hospice (South West)

Address: Little Harbour, Porthpean, St Austell PL26 6AZ

Tel: 01726 871800

Alice Merrett, Community Fundraiser (West Cornwall & Isles of Scilly)

Tel: 07500 081981

Email: alice.merrett@chsw.org.uk

Zoe Partridge, North Cornwall and Plymouth

Tel: 07500 081971

Email: zoe.partridge@chsw.org.uk

Website: www.chsw.org.uk

The Life and Work of Children's Hospice South West

Fee: none / **Travel:** none

For sale by arrangement: small promotional items

Cornwall Air Ambulance Trust

Sherelle Puertas, Community Fundraising Officer

Address: Trevithick Downs, Newquay TR8 4DY

Tel: 01637 889926

Email: enquiries@cornwallairambulancetrust.org / sherelle@cornwallairambulancetrust.org

Website: www.cornwallairambulancetrust.org/

Cornwall Air Ambulance: What, Why and How

Fee: none (donations welcome) / **Travel:** none

For sale by arrangement: merchandise available on occasion

Cornwall Blood Bikes

Ian Butler, Fundraising Manager, Media and PR

Address: Amytree Cottage, Amytree, St Mellion, Saltash PL12 6RX

Tel: 01579 384418 / **Mob:** 07925358379

Email: fundraising@cornwallbloodbikes.org

Website: www.cornwallbloodbikes.org

The Operations, Organisation and Volunteers of Cornwall Blood Bikes

Fee: donation / **Travel:** donation

Cornwall Hospice Care

Clare Bray; Paul Jones, Trusts & Legacy Officer

Address: Cornwall Hospice Care, St Julia's Fundraising Office, Foundry Hill, Hayle TR27 4HW

Tel: 01736 755770 / 01726 65711

Email: cbray@cornwallhospice.co.uk

Website: www.cornwallhospicecare.co.uk

Fee: none / **Travel:** none

Cornwall Wildlife Trust

Tom Shelley

Address: Five Acres, Allet, Truro TR4 9DJ

Please contact via Cornwall Wildlife Trust Speakers' Network

Badgers / Beavers / Conservation / Reserves / Marine Life

Fee: £50 donation / **Travel:** donation

Ellie's Haven

Sophie Libby, Kirsty Webb

Address: Ellie's Haven, Duloe, Liskeard PL14 4PW

Tel: 01503 264230 / **Mob:** 07888 571865

Email: info@ellies-haven.org.uk

Website: ellieshaven.org.uk

Ellie's Haven: Who We Are and What We Do

Fee: donation / **Travel:** none

Fishermen's Mission

Julian Waring, Regional Fundraising Manager

Address: Fishermen's Mission, c/o Central Methodist Church, 42 Coinagehall Street, Helston TR13 8EQ

Tel: 07917 754349

Email: julianwaring@fishermensmission.org.uk

Website: www.fishermensmission.org.uk

The History of the Charity, its Aims and Objectives and how Those Practical Aims are Delivered around the 49 Ports and Coves of Cornwall / Looking after Fishermen and Their Families, Both Active and Retired

Fee: donation / **Travel:** donation

Go Beyond (formerly CHICKS)

Sarah Newman

Address: Head office: Go Beyond, Suite B1 Higher Mill, Buckfast Abbey, Buckfastleigh, Devon TQ11 0EE

Tel: 01822 811020

Email: sarahnewman@gobeyond.org.uk

Website: www.gobeyond.org.uk

Go Beyond is a charity giving children who have been bereaved, abused or bullied, who are living in poverty or caring for loved ones the chance to escape their worries and pressures through breaks in the countryside.

Guide Dogs for the Blind

Address: Suite 2 Chiltern House, Matford Court, Sigford Road, Exeter EX2 8NL

Tel: 08453 727407

Email: exeter@guidedogs.org.uk

Web: www.guidedogs.org.uk

Guide Dogs and Living with Sight Loss

Fee: donation / **Travel:** by arrangement

iSight Cornwall

Carole Theobald, Chief Executive

Address: The Sight Centre, Newnham Road, Truro TR1 2DP

Tel: 01872 261110

Email: ctheobald@isightcornwall.org.uk

Website: www.isightcornwall.org.uk

The Work of iSight Cornwall

Fee: by arrangement / **Travel:** none

Macmillan Cancer Support

Emma Wright, Fundraising Manager

Tel: 07834 192247

Email: emwright@macmillan.org.uk

Talk on Macmillan Cancer Support

Fee: none / **Travel:** none

Marie Curie

Lynda Thomas

Address: PO Box No 329, St Austell, Cornwall PL25 9HA

Tel: 01872 260500

Email: lynda.thomas@mariecurie.org.uk

Website: www.mariecurie.org.uk

The Services Provided by Marie Curie (20-minute talk plus question time)

Fee: by arrangement / **Travel:** by arrangement

Mercy Ships

Address: Mercy Ships HQ, Unit 12, Meadway Court, Stevenage, Herts. SG1 2EF

Tel: 01438 727800

Website: www.mercyships.org.uk

Mercy Ships

Fee: donation only / **Travel:** none

Samaritans

Address: 19 Treyew Road, Truro TR1 2BY

Tel: 01872 222321

Email: cornwallsamaritans@gmail.com

Website: www.samaritans.org

Work of the Samaritans

Fee: by arrangement / **Travel:** by arrangement

Surfers Against Sewage**James Luxton**

Address: Unit 2, Wheal Kitty Workshops, St Agnes TR5 ORD

Tel: 01872 553001

Email: luxton@sas.org.uk

Website: www.sas.org.uk

Surfers Against Sewage: Protecting the Beaches for All

Fee: none / **Travel:** none

COOKERY AND HOME ECONOMICS

Jane Hanscomb

Address: Tor View, Limehead, St Breward, Bodmin PL30 4LU

Tel: 01208 850806

Email: jane.hanscomb@outlook.com

Herbs and Spices: History, Lore and Magic plus Medicinal, Cooking and Cosmetic Uses.

Fee: £30 / **Travel:** 35p per mile (within a 25-mile radius of St Breward)

Jane Mills

Address: Bar View, 6 Treeve Lane, Connor Downs, Hayle TR27 5BN

Tel: 01736 752680

Email: millsjane@hotmail.co.uk

Cold Desserts / Instant Dishes for Reluctant Cooks / Easy Summer Eats / Autumn Recipes / A Christmas Tea

Fee: £30 (inclusive of ingredients) / **Travel:** 30p per mile

Wiltshire Farm Foods

Address: Aqua House, 23 Tregonigge Industrial Estate, Falmouth TR11 4SN

Tel: 01326 378444

Email: cornwall@wiltshirefarmfoods.co.uk

Website: www.wiltshirefarmfoods.com

Frozen Food Delivery Service

Fee: none / **Travel:** none

CORNWALL

Bert Biscoe and Pol Hodge

Address: 3 Lower Rosewin Row, Truro TR1 1EN

Tel: 01872 242293

Email: bertbiscoe@btinternet.com

Dew Vardh (Dow Varth): Two Poets, Original Poetry, Songs and Dialect in Cornish and English

Fee: £30 / **Travel:** modest contribution plus tea

For sale by arrangement: small range of books

Dean Evans

Address: 44 Polmennor Road, Falmouth TR11 5UX

Tel: 07588 711936

Email: dean.evans5@gmail.com

The Passmore Edwards Legacy

Fee: £25 to be donated to charity / **Travel:** £5 if east of Bodmin or west of Penzance

Friends of Truro Cathedral

Mary Prior

Address: Cathedral Office, Old Cathedral School, Cathedral Close, Truro TR1 2FQ

Tel: 01872 276782

Email: info@trurocathedral.org.uk

Website: www.friendsoftrurocathedral.org.uk/

Truro Cathedral

Fee: £25 / **Travel:** £5

Geevor Tin Mine

Clint Hosking, Learning Team Manager

Address: Geevor Tin Mine, Pendeen, Penzance TR19 7EW

Tel: 01736 788662

Email: learning@geevor.com

Website: www.geevor.com

From Rock to Tin: A Brief History of Cornish Mining / Geevor's Diaspora / Arranged visits to Geevor are welcome

Fee: £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80) / **Travel:** none

Priscilla George

Address: The Annex, Jacaranda, Bucketts Hill, Redruth TR16 6RW

Tel: 07724 157755

Email: priscillageorge115@btinternet.com

Various Walks around St Ives and Penzance, approximately 1.5-2 hours, charge on application/ Talks of St Ives and General Cornwall

Fee: £75 / **Travel:** 25p per mile

Lynn Goold

Address: 16 Park Road, Fowey PL23 1ED

Tel: 01726 832580 / **Mob:** 07971 562719

Email: lynnngoold@gmail.com

Daphne du Maurier's Cornwall / Fowey: Its History and Heritage / Literary Connections and Fowey / Kenneth Grahame's 'The Wind in the Willows' / The Way of St James (The Culture of the Route to Santiago de Compostella)

Fee: £60 / **Travel:** 30p per mile

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

Website: deshannigan.wordpress.com

A Travel Writer's Life / Atlantic Cornwall: Cornwall's Coast and Sea / The Almost Island: Cornwall's Coast and Sea / The Ups and Downs of News Journalism

Fee: £50 / **Travel:** dependent on distance

For sale by arrangement: copies of the speaker's books *The Almost Island*, *The Long Deep* and *The Shoal Ground*

Muriel (Moe) Keast

Address: 12 Tregullan View, Bodmin PL31 1BH

Tel: 01208 75818 / **Mob:** 07749 285884

Email: moe.keast@gmail.com

Cornish Years (including writings of Anne Treneer) / Chasing the Tails / Tales of Cornwall (all talks include Cornish tales and songs)

Fee: £45 / **Travel:** by arrangement

Roy McBryde

Address: Landoffra, 9 Park View Close, Carnon Downs, Truro TR3 6JL

Tel: 01872 863891

Email: roy_mcbryde@msn.com

Cornwall's Coastline, North or South / Cornwall: A View from the Air / A Trip on the King Harry Ferry / Cornish Mining: Old Scenes / Carnon Downs: The Village and Its Footpaths.

Fee: £25 / **Travel:** by arrangement

Geoff Provis

Address: 18 Highfield Park Road, Launceston PL15 7DY

Tel: 01566 775820 / **Mob:** 07563 635480

Email: geoffprovis@hotmail.co.uk

The Fishermen of Port Isaac / The Seafarers of Port Isaac / Delabole at Work and War.

Fee: by arrangement / **Travel:** by arrangement

For sale by arrangement: books

Arthur Ruberry Roberts

Address: 20 Unity Road, Porthleven, Helston, Cornwall TR13 9DA

Tel: 01326 564004 / **Mob:** 07866 862237

E-mail: trawlerman475@gmail.com

Fishing For Crabs and Lobsters / Cornwall, A Different View

Fee: none but donations accepted for Children's Hospice South West / **Travel:** free within 40-mile radius of Porthleven



Vivienne Robinson (Blue Badge guide)

Address: Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

Tel: 01209 821295

Email: vivienner@btinternet.com

Website: absolutours.co.uk

Heritage Walks and Talks (Cornish Towns) / Poldark's Truro Walk / Poldark's Cornwall Talk / Tales of Hayle / Great Flat Lode (World Heritage Site mining area) and more ... just ask.

Fee: Talk: £90 / Walk: price per group of up to 20 - £120 / **Travel:** 45p per mile. Available October-June

Trevor Smitheram

Address: Penpol Vean, Hayle TR27 4NN

Tel: 01736 756793

Email: trevor.smitheram@btopenworld.com

Hayle History Brought to Life, Donkey Sanctuary, Dialect Stories

Fee: donation / **Travel:** donation

COUNTRYSIDE, FARMING AND THE ENVIRONMENT

Antony Blackler, MBE

Address: Tredivett Mill, Little Comfort, Launceston PL15 9NA

Tel: 01566 775653

Email: blacklerandco@outlook.com

Conservation: Why I Run My Own Animal Conservancy / Owls / Animals of the Cairngorms / Wildlife of India / Wildlife of the Arctic / Realm of the Polar Bear.

Fee: £60 / **Travel:** 25p per mile

Afternoon and evening / Available at short notice

David Chapman

Address: 41 Bosence Road, Townshend, Hayle TR27 6AL

Tel: 01736 850287

Email: david@davidchapman.org.uk

Website: www.davidchapman.org.uk

Wildlife of Cornwall / Birds of Cornwall / Wild about Cornwall / Cornwall's Seasons

Fee: £45 / **Travel:** dependent on distance

For sale by arrangement: books and cards

Cornwall Wildlife Trust

Tom Shelley

Address: Five Acres, Allet, Truro TR4 9DJ

Tel: 01872 273939

Email: info@cornwallwildlifetrust.org.uk

Website: cornwallwildlifetrust.org.uk

Badgers / Beavers / Conservation / Reserves / Marine Life

Fee: £50 donation / **Travel:** donation

Rachael Reid

Address: Level 3A, Pydar House, Pydar Street, Truro TR1 1XU

Tel: 01872 322178

Email: rachael.reid@cornwall.gov.uk

Waste and Recycling in Cornwall

Fee: none / **Travel:** none

Pippa Stilwell

Address: Garth an Gear, Newmill, Penzance TR20 8UT

Tel: 01736 332618

Email: both.stilwells@btinternet.com

Climate Change

Fee: £25 / **Travel:** 15p per mile

Wendy Winstanley

Address: Miome, Short Cross Road, Mount Hawke, Truro TR4 8DU

Tel: 01209 899620 / **Mob:** 07842 380576

Email: wendywinstanley@hotmail.com

Website: www.ravenswellcornwall.weebly.com

Ravenswell Supporting Wildlife

Fee: £45 / **Travel:** no charge under 10 miles

For sale by arrangement: none, but would like to bring donation bucket / Will bring owl and possibly other animals

FINANCIAL PLANNING

Kerry Woodcock

Address: 23 Lamb Park, Par PL24 2DR

Tel: 01726 825046 / **Mob:** 07977 939183

Email: kerry@horizonep.co.uk

Website: legacylegal.co.uk/horizonep

Estate Planning: Wills, Trusts, Powers of Attorney and Funeral Plans

Fee: £25 / **Travel:** 40p per mile

GARDENING AND FLORAL ART

Ken Gilmour

Address: Poltreen House, Coombe Lane, Treneere, Penzance TR18 3HR

Tel: 01736 364121

Starting an Allotment / A Year with the Bees and Beekeeper

Fee: £30 / **Travel:** none

Elizabeth Reeves

Address: 117 Eglos Road, Shortlanesend, Truro TR4 9DR

Tel: 01872 241489

Email: elizabeth.reeves@rocketmail.com

The Plant Hunters / Alpines for Every Garden / Easy-Care Small Gardens / Herbs / Plants for Winter Colour / Growing Plants in Containers / Coastal Gardening / Gardens and Gardeners of the Commonwealth War Graves Commission / Climbers and Wall Shrubs / Totally Tropical

Fee: £50 / **Travel:** 25p per mile (within one hour's drive from Truro)

Mike Stephens

Address: Bracken Heights, Darite, Liskeard PL14 5JH

Tel: 01579 345675

Email: miketheplantsman@gmail.com

Twenty illustrated talks on gardening, plants and Cornish wild flowers available. Please ask for list.

Fee: £35 / **Travel:** by arrangement

For sale by arrangement: plants

HEALTH, BEAUTY AND LIFESTYLE

Paul Adkins

Address: Positive Acupuncture, Highgrove House, Truro TR4 9NH

Tel: 01872 274774

Email: paul@positiveacupuncture.co.uk

Website: www.positiveacupuncture.co.uk

Looking Good, Feeling Good: Positive Acupuncture

Fee: £25 / **Travel:** £10 within a 50-mile radius of Truro

Trish Brock-Morgan

Address: Trecarne House, Penhale Grange, St Cleer, Liskeard PL14 5EB

Tel: 01579 343543 / **Mob:** 07950 262682

Email: trish@trecarnehouse.co.uk

Aloe Vera: The Plant of Life, Yesterday, Today and Tomorrow / Detox and Weight Loss / Skin Care and Cosmetics / Animal Care and Welfare

Fee: £30 / **Travel:** by arrangement

Barry Cole

Address: 18 Rainyfields, Padstow PL28 8EZ

Tel: 01841 532684

Email: joey2006@talktalk.net

The Training of Paramedics in the London Ambulance Service / History of Fraternal Societies

Fee: by arrangement / **Travel:** free within a 30-mile radius of Padstow

Mairi Dowlen

Address: Kerns House, Threemilestone Industrial Estate, Truro TR4 9LD

Tel: 01872 224011

Email: info@lifestylechiropractic.co.uk

Website: <http://www.lifestylechiropractic.co.uk>

Posture and Health: Your Guide to Healthy Habits

Fee: none / **Travel:** 40p per mile

Becky Duncan

Address: Neurological Physiotherapy Practice, 11a Water-MaTrout Industrial Estate, Helston TR13 0LW

Tel: 01326 561012

Email: becky@physiopracticecornwall.co.uk

Website: www.physiopracticecornwall.co.uk

Talk and Demonstration on Physiotherapy

Fee: £20 / **Travel:** none

Beatrice Dyer

Address: Penventinnie, Kenwyn, Truro TR4 9EG

Tel: 01872 273329 / **Mob:** 07855 285645

Email: dyerpenventinnie@btinternet.com

The Work of the Friends of Royal Cornwall Hospital

Fee: donation / **Travel:** by arrangement

Kerry England and Jayne Devlin

Address: Stroke Befriending Service, Volunteer Cornwall, Acorn House, Heron Way, Truro, TR1 2XN

Tel: 07968 706111

Email: kerrye@volunteercornwall.org.uk

The Stroke Befriending Service

Fee: none / **Travel:** none

**Sharon Eustice**

Address: Truro Health Park, Infirmary Hill, Truro TR1 2JA

Tel: 01726 873095 / **Mob:** 07798 696045

Email: sharoneustice@nhs.net

Continence: Bladder Health

Fee: £40 / **Travel:** none

Paula Fairweather

Address: 3 Roscarrick Villas, Carwinion Road, Mawnan Smith, Falmouth TR11 5JG

Tel: 07932 564241

Email: vici@mindfulnesscornwall.co.uk

Website: www.mindfulnesscornwall.co.uk

Introduction to Mindfulness

Fee: depends on number attending

Deanne Greenwood

Address: Mill Mehall, St Keverne, Helston TR12 6PX

Tel: 01326 281319

Email: deannegreenwood@me.com

Website: www.deannegreenwood.com

Herbal Medicine: Back to the Future

Fee: negotiable / **Travel:** by arrangement

Tracey Moys

Address: 8 St Johns Close, Helston TR13 8HQ

Mob: 07543 840723

Email: tracey.moys@houseofcolour.co.uk

Website: www.houseofcolour.co.uk

House of Colour: The Transformative Power of Colour and Style / Dressing for Success

Fee: £70 / **Travel:** 50p per mile if over 12 miles (prepared to speak in south Cornwall – south of Truro/Mevagissey)

Jilly Parkinson

Address: 19 Horsepool Road, Connor Downs, Hayle TR27 5DZ

Tel: 07884 025925

Email: jilly@pauawellness.co.uk

So You Thought a Chair Was For Sitting on?! / Sleep – The Elusive Friend / What is Mindfulness Anyway? / Yoga – All Things To All People!

Fee: Negotiable / **Travel:** 45p per mile

Preference is 10-15 mile radius of Connor Downs but will consider other accessible venues

**Jayne Price**

Address: Cornwall Carers Service, Cornwall Rural Community Charity, 1st Floor, The Chambers, Penryn Street, Redruth TR15 2PS.

Tel: 07968 605325

Email: jayne.price@cornwallrcc.org.uk

Cornwall Carers Service: Supporting Carers in Cornwall

Fee: none / **Travel:** none

Jane Richardson

Address: 4 Salter Close, St Martin, Looe PL13 1FE

Mob: 07713 031806

Email: jane_richardson@icloud.com

Medical Detection Dogs

Fee: £50 donation to charity / **Travel:** none

Deborah Slater

Address: Keheren Therapy, Woodbine Farm, Truro Business Park, Truro TR3 6BW

Mob: 07943 630148

Email: debbie@keherentherapy.co.uk

The Physical and Psychological Benefits of Massage for Health and Wellbeing

Fee: none / **Travel:** none

Naomi Smith / Karen Green

Address: Pendeen, West Trewirgie Road, Redruth TR15 2TJ

Tel: 01209 314337 / **Mob:** 07880 503548

Email: naomi.smith@weleda-advisor.co.uk

Website: www.weleda.co.uk

Weleda: The Original Health and Wellbeing Company

Fee: £15 / **Travel:** none within 20-mile radius

Anne Thomas, CEO Cornwall Care

Address: Cornwall Care, Health and Wellbeing Innovation Centre, Truro TR1 3FF

Tel: 01872 261787

Website: www.cornwallcare.com

Cornwall Care: We Care for Cornwall

Fee: none / **Travel:** none

Wadebridge Laughter Club

Kathy West and Gemma Crook

Address: Kenna Park, Gonvena Hill, Wadebridge PL27 6DH

Tel: 07970 965394

Email: wadebridgelaughter@gmail.com

Laughter Yoga

Fee: £50 / **Travel:** 25p per mile (for 10 miles or more)

Christine Wallach

Address: 18 Hawksdown View Seaton, Devon EX12 2BJ

Tel: 01297 23701 / **Mob:** 07957 432679

Email: christine.wallach@btinternet.com

My Great Escape / How a Yorkshire Community Bakery Was Born

Fee: £75 / **Travel:** none

HISTORY

Barry Cole

Address: 18 Rainyfields, Padstow PL28 8EZ

Tel: 01841 532684

Email: joey2006@talktalk.net

History of Fraternal Societies / History of the London Ambulance Service / Training of Paramedics

Fee: by arrangement / **Travel:** none within a 30-mile radius of Padstow

Geevor Tin Mine

Clint Hosking, Learning Team Manager

Address: Geevor Tin Mine, Pendeen, Penzance TR19 7EW

Tel: 01736 788662

Email: learning@geevor.com

Website: www.geevor.com

From Rock to Tin: A Brief History of Cornish Mining; Geevor's Diaspora. Arranged visits to Geevor are welcome.

Fee: £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80)
/ **Travel:** none

Guy Haskell

Address: W.H. Lane & Son, Jubilee House, Queen Street, Penzance TR18 4DF

Tel: 01736 361447

Email: guy@whlane.co.uk

Website: www.whlane.co.uk

Auctions, Art and Antiques

Fee: £20 / **Travel:** 45p per mile

Kristin Hunt

Address: Long Rock, Freathy, Whitsand Bay, Torpoint PL10 1JW

Tel: 01752 823051

Email: kristinhunt2@gmail.com

More Dangerous than the Male? / Infamous Women / Dark Sheep in your Cupboard

Fee: £45 / **Travel:** 25p per mile

David Lay, FRICS

Address: The Penzance Auction House, Alverton, Penzance TR18 4RE

Tel: 01736 361414

Email: enquiries@davidlay.co.uk

Website: www.davidlay.co.uk

Offering antique and art valuation evenings

Fee: donation to Parkinson's UK / **Travel:** none

Elizabeth Reeves

Address: 117 Eglos Road, Shortlanesend, Truro TR4 9DR

Tel: 01872 241489

The Plant Hunters / The War Graves

Fee: £45 / **Travel:** 25p per mile

Lesley Robinson

Address: Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

Tel: 01872 870323

Email: robinsjhn@aol.com

Extracts from the Diary of a 19th Century Lady / Further Extracts from the Diary of a 19th Century Lady / Concluding Extracts from the Diary of a 19th Century Lady / Food, Furbelows and Etiquette / Fashion Ephemera: Desirable Accessories in the 1800s / Fashion Trends: How Do They happen? / The Great Wardrobe: Unlocking the Image of Elizabeth / Going for a Song: An Evening Identifying Antiques (supplied by speaker)

Fee: £45 / **Travel:** 33p per mile

Trevor Smitheram

Address: Penpol Vean, Hayle TR27 4NN

Tel: 01736 756793

Email: trevor.smitheram@btopenworld.com

Hayle History Brought to Life, Donkey Sanctuary, Dialect Stories

Fee: donation / **Travel:** donation

Susan Symons

Address: The Old Rectory, St Just in Roseland, Truro TR2 5JD

Tel: 01326 270167 / **Mob:** 07802 868886

Email: susansymonsbooks@gmail.com

Website: www.susansymons.com

The Colourful Personal Life of Queen Victoria (talk in 4 parts: Young Victoria, Victoria and Albert, The Widowed Queen and Victoria's Daughters) / Schloss: The Fascinating Royal History of German Castles and Palaces (2 talks: The Bavarian Royal Family and their Fairytale Castles and Palaces; German Castles and Palaces and the British Royal Family).

Fee: £40 / **Travel:** 45p per mile (within a 35-mile radius of Truro)

Dr Julie Wileman

Address: 14 Spernen Close, Carbis Bay, St Ives TR26 2QT

Tel: 01736 793241

Email: julzwileman@hotmail.com

Ancient Jewellery: The Archaeology of Bling, Ancient Underwear, Jewellery through the Ages, Childhood in the Past, Ancient Gardens, The Archaeology of Mining

Fee: £50 / **Travel:** fuel costs

West Cornwall only (nothing east of Truro); evening meetings within 30 miles of St Ives only. Parking must be within 15 metres of the door to the hall and access without stairs is preferred.

THEATRE, MUSIC, ART, DANCE AND LITERATURE

Rosemary Aitken

Address: Peranswood, Tredrea Gardens, Perranworthal, Truro TR3 7QG

Tel: 01872 870042

Email: raitken@wyenet.co.uk

*People Don't Change Much: Experiences of an English Teacher in the UK and Abroad /
Cornish Life at the Turn of the 20th Century / Tommy the Tunneller: How Cornish Miners
Played a Special Role in World War I*

Fee: £30 / **Travel:** by arrangement

For sale by arrangement: books

Rob Barratt

Address: 37 Penpont View, Five Lanes, Launceston PL15 7RY

Tel: 01566 880336 / **Mob:** 07795 461023

Email: rbarratt@cooptel.net

Comic poet and singer

Fee: £50 / **Travel:** none

For sale by arrangement: books and CDs

Clive Blake, Cornish Poet

Address: Trewenn, 12 Arundel Way, Newquay TR7 3BB

Tel: 01637 874555

Email: clive.blake@live.co.uk

Website: www.cliveblake.co.uk

*Audience-friendly rhyming poetry. Some laughter and merriment guaranteed. See website
for examples of poetry*

Fee: £30 / **Travel:** none

For sale by arrangement: poetry books, CDs and DVDs.

Les J Burden

Address: Carmardden, Marshgate, Camelford PL32 9YN

Tel: 01840 261708

Email: ljburden@pobroadband.co.uk

English Folk and American Square Dancing / Basic Scottish Dancing

Fee: by arrangement / **Travel:** by arrangement

(not Wednesday evenings)

Champagne Cornwall Chorus

Gill Thorpe, Secretary

Address: Pendorruc, Bodwen, St Austell PL26 8RP

Tel: 01726 851236 / **Mob:** 07773 527587

E-mail: gillie64thorpe@icloud.com or geraldandgill@gmail.com

Champagne Cornwall Chorus

Fee: £50 for afternoon, £100 for evening performance / **Travel:** none



David Chapman

Address: 41 Bosence Road, Townshend, Hayle TR27 6AL

Tel: 01736 850287

Email: david@davidchapman.org.uk

Website: www.davidchapman.org.uk

Various talks on Wildlife in Cornwall and the UK / Improving your Photography

Fee: £45 / **Travel:** dependent on distance

For sale by arrangement: books and cards

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

Website: deshannigan.wordpress.com

A Travel Writer's Life / Atlantic Cornwall: Cornwall's Coast and Sea / The Ups and Downs of News Journalism

Fee: £50 / **Travel:** dependent on distance

For sale by arrangement: copies of the speaker's books *The Almost Island, The Long Deep* and *The Shoal Ground*

Jill Lamede, The Tintagel Storyteller

Address: Penhale, Trewarmett, Tintagel PL34 0ET

Tel: 01840 770817

Email: jilllamede@aol.com

Folk Tales Old and New (choose an object from the basket, sit back, relax and listen)

Fee: £40 / **Travel:** 25p per mile

Daytime bookings only unless transport is provided.

James Murray

Address: 44 Victoria Road, St Austell PL25 4QD

Tel: 07989 398782

Email: james47murray@gmail.com

My Mad World of Opera

Fee: £30 (negotiable) / **Travel:** minimal

William Shimell

Address: 15 Marine Drive, Torpoint PL11 2EH

Tel: 01752 814018 / **Mob:** 07402 232563

Email: williamshimell@aol.com

But What is Your Day Job?: The Life of an Opera Singer

Fee: donation to charity / **Travel:** petrol costs.

Alan Tippett

Address: 3 Shelley Road, St Austell PL25 3JG

Tel: 01726 76798

Email: alan.tippett55@icloud.com

Easy Listening Music and Comedy

Fee: £40 / **Travel:** negotiable

TRAVEL

Geoff Davis

Address: Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

Tel: 07802422991

Email: geoffdavis@live.co.uk

Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh' and 'Romania'.

Fee: whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or whatever the WI can afford)

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

Website: deshannigan.wordpress.com

A Travel Writer's Life / Atlantic Cornwall: Cornwall's Coast and Sea / The Ups and Downs of News Journalism

Fee: £50 / **Travel:** dependent on distance

For sale by arrangement: copies of the speaker's books *The Almost Island, The Long Deep* and *The Shoal Ground*

Roy McBryde

Address: 9 Park View Close, Carnon Downs, Truro TR3 6JL

Tel: 01872 863891

Email: roy_mcbryde@msn.com

Scotland's West Coast / Scotland's East Coast / Castles, Houses and Gardens / Along the River Thames / Paris / Amsterdam and Keukenhoff Gardens / Houses and Gardens of the National Trust / An Irish Sampler.

Fee: £25 / **Travel:** by arrangement

Arthur Ruberry Roberts

Address: 20 Unity Road, Porthleven, Helston, Cornwall, TR13 9DA

Tel: 01326 564004 / **Mob:** 07866 862237

E-mail: trawlerman475@gmail.com

The Land of the Ice Bear / Norway's Magnificent Fjords / Norway's Beautiful Coastline / Winter In Tromso / Fishing For Crabs and Lobsters / Cornwall, A Different View

Fee: none but donations accepted for Children's Hospice South West / **Travel:** free within a 40-mile radius of Porthleven.



WOMEN'S ISSUES

Dawn Lanham

Address: 13 Weller Court, Melville Road, Falmouth TR11 4ES

Mob: 07383 933226

Email: dawn.lanham1@outlook.com

Raising Awareness of Domestic Abuse

Fee: £40 / **Travel:** 24p per mile

Thalia Marrington

Address: 4 Merlin Place Mousehole TR19 6SH

Email: thaliamarrington@gmail.com

Why we need more women in politics at all levels

Fee: travel expenses



MISCELLANEOUS

Robert Bond

Address: 1 Liskey Hill Crescent, Perranporth TR6 OHP

Tel: 07946 634912

Email: rrbond@talk21.com

Website: www.robertbond.co.uk

A Day in the Life of a Radio and TV Broadcaster / Tales from the Sausage Factory / Tales from the Cider Cellar / Bond's Christmas Special / A Day in the Houses of Parliament / Charity Auctioneer

Fee: £30 / **Travel:** 16p per mile

Geoff Davis

Address: Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

Tel: 01326 619468 / **Mob:** 07802422991

Email: geoffdavis@live.co.uk

Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh' and 'Romania'.

Fee: whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or whatever the WI can afford)

Anthea Durant (Trading Standards Authorised Officer)

Address: Unit 6, Threemilestone Industrial Estate, Truro TR4 9LD

Tel: 01872 324339

Email: anthea.durant@cornwall.gov.uk

Trading Standards: Avoiding Scams

Fee: £70 / **Travel:** none

Barrie Galley

Address: 26 Penhaligon Way, St Austell PL25 3AR

Tel: 01726 71216 / **Mob:** 07900 812033

Email: barriegalley@hotmail.com

Wateraid

Fee: none / **Travel:** none

Mick Harrison

Email: mick.harrison@devonandcornwall.pnn.police.uk

The Work of a Police and Crime Commissioner (PCC)

Fee: none / **Travel:** none

Kristin Hunt

Address: Long Rock, Freathy, Whitsand Bay, Torpoint PL10 1JW

Tel: 01752 823051

Email: kristinhunt2@gmail.com

Deadlier than the Male?: Women and Crime / How to Marry 100 Men in a Year: Tales of a Superintendent Registrar / Infamous Women / Dark Sheep in your Cupboard

Fee: £40 / **Travel:** 25p per mile

Christine Meakin

Address: 8 Coronation Close, Callington PL17 7DN

Tel: 01579 641655

Email: chriscazg6@tiscali.co.uk

Memories of an Adopted Child

Fee: none / **Travel:** none

David Parker

Address: 2 Millpool Head, Millbrook, Near Torpoint PL10 1FD

Tel: 01752 823958

Email: djp1942@aol.com

NCI Coast Watch / St Germans Church / Rame Community First Responders

Fee: none / **Travel:** none

Margaret Parker

Address: 2 Millpool Head, Millbrook, Torpoint PL10 1FD

Tel: 01752 823958

Email: mjrp1942@aol.com

From Prostitutes to Prime Minister

Fee: none (but donation to charity appreciated) / **Travel:** none

Penny Prail

Address: 33 Carne View Road, Probus, Truro TR2 4HZ

Tel: 01726 884638

A Funny Job for a Woman / Do You Speak Greek? / Aces High

Fee: £25 / **Travel:** by arrangement

Lesley Robinson

Address: Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

Tel: 01872 870323

Email: robinsjhn@aol.com

Shopping: Enjoyment or Tedium? / Extracts from the Diary of a 19th Century Lady / Further Extracts from the Diary of a 19th Century Lady / The Concluding Extracts from the Diary of a 19th Century Lady / Food, Furbelows and Etiquette / Fashion Trends - how they Happen? / The Great Wardrobe: Unlocking the Image of Elizabeth I / Going for a Song / Fashion Ephemera.

Fee: £45 / **Travel:** 30p per mile

Max Simpson

Address: Green Gables, West Park Road, Egloshayle, Wadebridge PL27 6HP

Tel: 01208 812698

Tools to Amuse and Confuse

Fee: £50 / **Travel:** 30p per mile

Yvonne Toms

Address: 20 Carey Park, Killigarth, Polperro, Looe PL13 2JP

Tel: 01503 273086

Email: tomsyvonne@gmail.com

Housemaid at Buckingham Palace / An Evening with Joyce Grenfell / The Brontë Sisters

Fee: £20 / **Travel:** 50p per mile

Christine Wallach

Address: 18 Hawksdown View Seaton, Devon EX12 2BJ

Tel: 01297 23701 / **Mob:** 07957 432679

Email: christine.wallach@btinternet.com

My Great Escape / How a Yorkshire Community Bakery was Born

Fee: £75 / **Travel:** none

WORKSHOPS

Sheron King

Address: Mad Hatter Studio, The Long House, Old Newham Farm, Plympton, Devon PL7 5BL

Tel: 01752 291260 / **Mob:** 07795 805520

Email: sheron@madhattersstudio.com

Website: www.madhattersstudio.com

Thinking and Making with Found Objects

Fee: £60 plus materials / **Travel:** 40p per mile

Pat Mallett

Address: Landale, Coads Green, Launceston PL15 7LZ

Tel: 01566 782555

Email: patmallett6@gmail.com

All kinds of craft workshops available. Please ask for details. Daytime or evening. County-wide.

Fee: £25 (please ask for half or full days; materials can be supplied for a small cost) / **Travel:** 30p per mile

Purdy's Punjabi Cuisine

Purdy Giles

Address: 38 Onslow Road, Peverell, Plymouth PL2 3QG

Tel: 07580 083012

Email: pgpunjabicuisine@gmail.com

Groups of up to 6 people. Demonstration with participation. Aprons, ingredients, and tea/coffee are provided. Following the demonstration, the group shares the meal. The entire workshop (demonstration plus eating) is approximately 4-4 ½ hours.

Fee: £35 per person to include recipes which are e-mailed after the event (£5 reduction for WI members).

Vivienne Robinson (Blue Badge guide)

Address: Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

Tel: 01209 821295

Email: vivienner@btinternet.com

Website: absolutours.co.uk

Heritage Walks and Talks (Cornish Towns) / Poldark's Truro / Poldark's Cornwall Talk / Tales of Hayle / Great Flat Lode (WHS mining area) and more ... just ask.

Fee: Talk: £90 / Walk: price per group of up to 20 people £120 / **Travel:** 45p per mile.

Available October-June